

UNICAMP

2019 Our 50th Year!



1969

50
YEARS

2019

A Unitarian Universalist
Camp and Conference Centre
in Mulmur, Ontario



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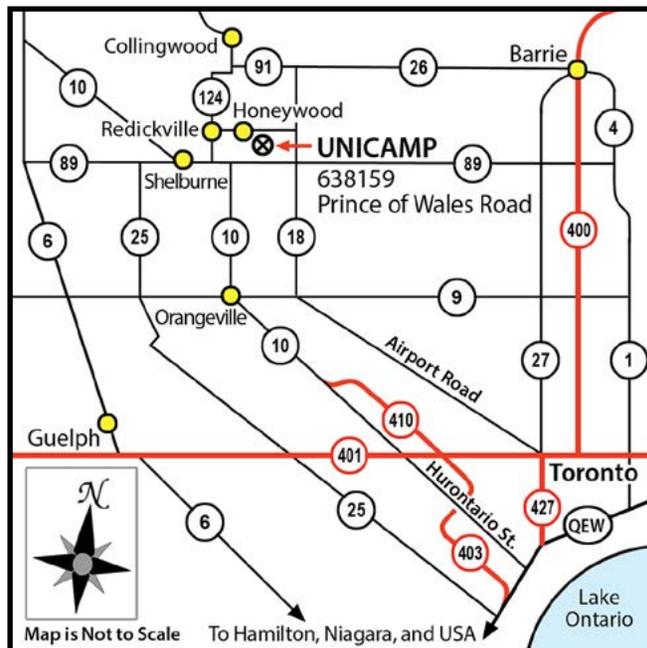
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For registration or enquiries: (519) 925-6432 or bookings@unicampofontario.ca

Greetings from the Unicamp Board of Directors!

Summer days when time stands still, the days lengthen as we watch the stars turn above us, Orion turns to the summer triangle in the sky, signaling that another season of Unicamp has begun. This precious land and community that we call Unicamp offers her flowers, fruit and stem for another year.



For 50 years we have been caring for the land and one another. We created a place where children can be safe to explore the land, participate in community building, and discover who they can be in relation to this world we live in. They learn that nature is a gift, one we all treasure as we seek to pass our principles and our living tradition forward to our children, their children and unto many more generations to come. We have learned a lot about stewardship of the land and how we must take responsibility for our use of the natural resources that are for everyone to share.

We thank those who came before us; we acknowledge the Indigenous people who were the original caregivers of this land. We thank those who came after with the vision of a place where we enact our principles of the inherent worth and dignity of all and where we support each other in our search for truth and meaning. Generations of those who put money, sweat and many tears to build a community based on justice, equity and compassion in our human relations.

This year we address our aging buildings and infrastructure. New steel roofs have been placed to weather the winter storms, buildings are being assessed for repair and renovations. Thank you to all who worked so hard to have the dining deck roof project completed. Many buildings are well past their lifespan; only with your continued help can we build on our legacy.

We want to see all the congregations participate in the celebration of 50 years of Unicamp! Do you have pictures or mementoes of Unicamp, both recent and from our shared history? How about a story or a song to perform or post on our website? Let's celebrate, appreciate those who came before us to create this precious Unicamp, and let us plan to leave the camp in better shape for the future of all our children unto many generations.

Janice Canning, President of the Unicamp Board of Directors

Unicamp is proud to be a member of the Unitarian Universalist Alliance of Camp and Conference Centers (UUACCC).

We acknowledge that Unicamp is situated on the traditional territories of the First Peoples of Turtle Island, and that this land is shared territory between the Neyaashiinigiimig (Cape Croker), Saugeen, and Beausoleil First Nation peoples.

Unicamp of Ontario Incorporated is a registered charitable organization (registration number 119275535 RR0001).



To register online visit unicampofontario.ca & click on REGISTER/BOOK NOW!

Unicamp is a Unitarian Universalist camp that is committed to providing a safe and welcoming seasonal camp and spiritual retreat to our diverse community. Our programs and activities are designed to grow awareness and practice of our UU values in which our camp is rooted. These values include the understanding of the importance of each person, the quest for kindness in all we do, and the freedom to learn together and search for what is true. We affirm that all people need a voice, we work to build a fair and peaceful world, and we care for our sacred earth with awareness to the interconnectedness of all existence.

Located in Dufferin County, just north of Shelburne, Ontario, Unicamp is within the UNESCO Niagara Escarpment Biosphere Reserve. It includes 50 beautiful, peaceful acres of meadows, coniferous and deciduous forests, marshes, streams, and two beaches on a 2.5-acre spring fed pond that is safe for swimming. This is a magical place to relax, explore and reconnect with self, community and nature.

Unicamp has outdoor showers, several outhouses, and washrooms in the cabins, the Dining Hall and the Spiritual Centre. **Please supply your own bedding, pillows and towels.** Drinking water is available in all washrooms and at several outdoor faucets. Please refer to the map on the back of this brochure.

We acknowledge and affirm that each of us has special qualities and talents to share. Campers are asked to help with chores such as tidying their dorm, cottage or campsite at the end of their stay, helping us to keep the Unicamp experience affordable for everyone and the environment community- and team-focused.

CAMP CONDUCT AGREEMENT

CHECK IN time for all accommodations is 4 pm. Reservations will be held until 8 am of the morning after your booked arrival date. Please contact bookings@unicampofontario.ca if you expect a late arrival.

CHECK OUT time is 11 am to allow accommodations to be serviced between visitors. Feel free to stay after you check out (or arrive earlier than the 4 pm check in time) and enjoy the grounds, unless otherwise specified.

NOISE: Amplified music, generators, and any noisy recreational items are not permitted except for camp dances and programs. A quiet camp is expected after 10 pm, including at your camp site, or 11 pm on drumming and dance nights.

ALCOHOL and ILLEGAL DRUGS: Underage drinking/illegal drug use is not permitted. Discreet alcohol/cannabis consumption is requested. A full alcohol and drug policy is available upon request and located in the dining hall and Welcome Centre at Unicamp.

SMOKING: Smoking tobacco/cannabis is allowed at your campsite fire pit, and at the two designated smoking areas: in the parking lot near the tool shed and at the picnic site farthest from Bob's beach (see map on back cover of this brochure). All other areas are smoke-free. Please be considerate of your neighbours.

HARASSMENT: Ours is an inclusive and peaceful community. No harassment or abuse of any kind will be tolerated. If you encounter any situations where you find yourself uncomfortable with someone's words or actions, please address that person directly, and if appropriate, please report to the Camp Director. The Unicamp Anti-Harassment policy is strictly enforced.

DINING HALL: Our dining hall is **nut free**. Shoes are required. Meals are generally served at 8:30 am, 12:30 pm and 6:30 pm, with some exceptions for Friday evening and candlelight dinners. There is a warning bell 15 minutes before all meals. We are equipped to provide hearty meals for vegetarians and those without dietary restrictions. Those on restricted or specialty diets are encouraged to bring food to supplement, or to cook their own meals. Please pay **before** receiving meals. Occasionally, last minute meal requests can be accommodated. If so, you will be given an invoice to present at the Welcome Centre for payment. We ask that you wait until those who have booked ahead of time receive their meals.

ICE PACKS: We provide an icepack service to those camping. The freezer is located on the Welcome Center deck. Donations to support this service are gratefully appreciated.

WOOD: Wood for campfires when fire bans are not in effect is located by the Welcome Center, near the main pit, and at the bottom of the mini common. Financial donations to support this service are appreciated; the suggested donation is \$5 per bundle/armload. To prevent the spread of the emerald ash borer, do not bring firewood from outside sources to Unicamp.

CHILDREN'S CAMP, JOUTH CAMP and PRIVATE RENTALS: During Children's Camps (July 7, 1 pm to August 2, 4 pm) and Jouth Camp (August 5, 1 pm to August 9, 4 pm) and during private rentals, **Unicamp is closed to all visitors and day visitors, including guests of seasonal campers.** For seasonal campers who are on site, swimwear is required on both beaches during these times. From 4 pm on August 2 to 1 pm on August 5, the clothing optional beach and camp are open to the public with programs for all ages.

LOST AND FOUND: Located in the Welcome Centre. We frequently donate unclaimed items. Please leave valuables at home.

DAY USE: Day use is welcomed, except during Children's and Jouth Camps and private rentals. Day passes can be purchased at the Welcome Centre, or contact director@unicampofontario.ca. Day use fees: \$10 (16 years and older), \$5 (5–15 years), under 5 years free. We also offer a season day pass—the fee is \$25 for a single adult and \$75 for a family pass. Day passes are valid until 11 pm.

PET DOGS AT CAMP POLICY: We welcome campers' canine friends during specific Dog-Welcome dates. This year, the permitted dates are: Aug. 9, 4 pm to Aug. 16, 9 pm (Dog Welcome Weekend & Family Camp 1), and Oct. 11–14 (Thanksgiving Weekend). We ask that those bringing dogs be mindful of their canine friends at Unicamp and respect these designated dates and the conduct policy.

Dogs must be on-leash at all times on camp property, including in the pond. Please keep dogs back from people who do not wish to interact with them (especially at campfires and at the beach where they might be in close proximity), and away from other dogs that may interact aggressively with them. Excessive barking disturbs everyone at camp; if your dog barks when you leave them alone then please arrange for someone to stay with them at all times. Dogs are not permitted on Cowpye Hill, which is part of our neighbour's ranch property. The Unicamp Spiritual Centre and Dining Hall and deck are off limits to animals at all times, with the exception of service animals.

Dog owners are asked to carry bags to scoop up after their dogs (on any part of Unicamp property, including the woods), and dispose of the bags in the container marked for that purpose near the dining hall.

During Dog-Welcome dates, **dogs are permitted in the pond at Bob's Beach only, between 10–11 am and 4–5 pm**, and must not be allowed to relieve themselves on the beach sand. Dogs digging on the beach disrupt the natural habitat of our turtle friends, and has seen them migrating further away from the beach to lay their eggs. We ask you to be mindful of this when your dog is on the beach. Thank you for your cooperation! These guidelines were set with the integrity of the natural environment and the safety and happiness of all camp users in mind.

SERVICE ANIMALS: Please note that those with service animals relating to a disability are welcome to public spaces within Unicamp. The animal must be identified in one of two ways: wearing an identifying vest or harness, or documentation from a regulated health professional confirming that the owner requires the animal for reasons relating to a disability. Service dogs must be kept on their leash/harness and under the full control of their user/owner at all times. Campers are encouraged to alert the Camp Director of their situation before their arrival at Unicamp.

WATER SAFETY REQUIREMENTS: Safety requirements for the pond apply to all persons using the pond, docks, rafts and elevated platform, including campers, seasonal campers, staff, and private renters. With the exception of specific children's camp programs, we do not have lifeguards on site, and safety is always our shared responsibility. The camp-owned paddle boards, spinal board and other safety devices are to be used **ONLY** in emergencies. An air horn for emergencies is in the first aid box under the beach shelter. You are responsible for your safety and that of your children. All children 16 years and under must be accompanied by a responsible adult when on the beach or swimming in the pond. It is highly recommended that you always swim with a buddy, and stay within arm's length of each other. A maximum of 4 people (1 on the ladder and 3 on the top) are permitted on the elevated platform structure at any one time. Swimmers must jump off the platform from the side facing the main body of the pond and must enter the water feet-first. A maximum of 8 people are allowed on a dock or on a raft at any one time. Life jackets are provided and must be worn by all while in canoes and any other boats or rafts used on the water. Boats and canoes are to be boarded at the docks or shore, with no boarding or disembarking in the pond or on the rafts. Please do not dock boats/canoes at Bob's Beach. All watercraft use requires at least one rider to be 16 or older.

WILDLIFE: Our 7th UU Principle teaches us to have respect for the interdependent web of all existence of which we are a part. To that end, please leave our abundant wildlife on their own; do not touch or handle frogs, turtles or other creatures (and ensure your children also do not). Pond animals are especially harmed by the natural oils on our hands. Please do not feed any of the wildlife at Unicamp, as it interferes with their natural way of feeding and thus their ability to live independent of us. We ask that you ensure food and scented items such as bug spray and sunblock be stored away in an effort to deter wildlife from visiting campsites. Fishing is not allowed in Unicamp's pond or streams, including catch and release.

20% discount on accommodations from May 3–June 27 & Sept. 8–October 10

Accommodations:	per night
CAMPSITES (maximum 6 campers)	
Regular: 1st adult	\$26
Electrical: 1st adult	\$32
Per additional person age 5+	\$5
GROUP CAMPSITE (maximum 9 tents)	
Site fee, 7 campers or fewer	\$70
Per additional person age 5+	\$10
DORMS (meals not included)	
Adult	\$30
Child 5-15	\$15
Exclusive use	\$120
COTTAGE WITH KITCHEN (meals not included)	
Adult	\$40
Child 5-15	\$18
Exclusive use	\$160



Meals:	Breakfast, Lunch & Dinner	Breakfast	Lunch	Dinner
Adult	\$32	\$10	\$12	\$14
Child 5-15	\$20	\$6	\$7	\$9

13% HST will be applied to the price of all meals.

Family Camp Candlelight Dinner (Wednesday Night): \$30 includes 4-course meal & 3 hrs of childcare. The cost of children's meals still apply at \$9/child (\$30 fee applies whether childcare is required or not).

PAYMENT: Unicamp gladly accepts cash, cheques, credit card, or e-transfers. Visa and Mastercard are accepted through our online registration and reservation websites, as well as at the Welcome Center. Please send e-transfers to admin@unicampofontario.ca. Cheques should be made out to Unicamp of Ontario Inc. Unicamp has to pay 3% to accept payments by credit card; a donation of 3% of your credit card payment to offset this expense would be greatly appreciated! A tax-deductible receipt can be issued for donations above \$20.

RESERVATIONS & FEES: To reserve a campsite, dorm or cottage, to ensure program space and to book meals, full payment must be received 7 days prior to your arrival. Register online at www.unicampofontario.ca/register, by phone: (519) 925-6432, or email us at bookings@unicampofontario.ca. Please register for programs as soon as possible—programs may be cancelled if enrollment is low.

REFUNDS: Only cancellations made more than 7 days before a booked date will be refunded. A 10% administration fee will apply.



ACCOMMODATIONS: Unicamp offers campsites including a walk-in group site, cottages (either shared or booked for exclusive use), dorm rooms, and one fully accessible cabin with shower for those with mobility challenges, in a rustic setting. Each cottage and dorm has a washroom. There are additional washrooms in the program centre and dining hall, and outhouses are located throughout the property. We also have outdoor private showers, with the fantastic experience of showering under the warmth of the sun or the glow of the stars! For full descriptions, to book and pay for accommodations & meals, and to see what is available, please visit www.unicampofontario.ca.



For registration or enquiries: (519) 925-6432 or bookings@unicampofontario.ca

Unicamp Children's Camps, for ages 7-13, are a truly magical time filled with fun, friends, learning, and growth. Each week is filled with a wide variety of creative and enriching activities and games all surrounded in the beauty of the Niagara Escarpment.

We start our days with the option of an early **Polar Bear Dip** in the pond. Campers are woken up by the first bell of the morning with the option to awaken their senses in the cool waters of our spring-fed pond. After a nutritious breakfast, campers head back to their cabin for a quick clean up and ensure that they are ready for the day's activities.

At **Morning Rally** campers dance, play games, sing, and split into groups attending their first program of the day. After a quick snack and just enough time to change, campers head off to their second program. **Programs** fall into a few categories: arts and crafts, sports, pond, theme focused, classic, and suggestions. There is no shortage of options to choose from!

After lunch, campers head back to their cabins to have a bit of an afternoon rest. Staying in their cabins provides an opportunity for quiet card games, reading, writing letters to friends and loved ones back home, and planning for the talent show. Campers head to their third program, have a snack, and then get ready for the Camp Wide Game. **Camp-Wide Games** are games that involve all of the campers, CITs, LITs, and Staff playing together across our full property. Notable games are Capture the Flag, Unicamp Cup, Quidditch, and Survival.

Running around during a Camp-Wide Game can get tiring. Scheduled **Free Time** follows it, allowing campers to decide what they want to do next: swim, shower, nap, hang out with friends, visit the chickens, and much more before heading off to dinner.

The rest of the day is rounded out with a **Game on the Common** and an **Evening Activity** before **Hug Patrol** and **Lights Out**.

HORSE RIDING ADVENTURES 2019 All horse programs are run by Rawhide Adventures at Peace Valley Ranch, right next door to Unicamp.

Trail Riding Adventure: This adventure is offered during Children's Camp weeks to campers 12+ years of age. During this hour and a half adventure, children greet the horses and then go for a riding adventure through the rolling hills of Mulmur. Fee: \$60 per camper per ride, plus 13% HST.

Horse Play Time: This adventure provides campers aged 7-11 the chance to learn about and connect with horses. For an hour they will spend time with the horses, starting with grooming. This adventure costs \$45, plus 13% HST per camper for the hour, with a group of 5-8 campers.



To register online visit unicampofontario.ca & click on REGISTER/BOOK NOW!



CHILDREN'S CAMPS WEEKS AND THEMES

WEEK 1: (July 7–13) OPERATION: MYSTERY Solving mysteries and riddles, learning how to crack the code, and stealth training. Your mission awaits.

WEEK 2: (July 14–20) WHEEL OF _____ This week we will spin the Wheel of Themes each morning to find out what is in store for the day.

WEEK 3: (July 21–27) HARRY POTTER For the ones who know there's something magical to explore beyond the muggle world.

WEEK 4: (July 28–August 2) SPACE IS THE PLACE Seeking to explore the galaxies far far away...

CHILDREN'S CAMPS PRICING

Children's Camps: \$530 per week plus HST for weeks 1, 2 and 3. Children's camp week 4 is the adjusted amount of \$450 plus HST due to the shortened week.

Children's Camps & Youth Discount Codes: First-time camper: **NCD**; Bringing a new camper (referral): **REF5**; Registering for a 2nd program: **UNI**; Additional camper from the same household: **UNI5**. **Early Bird Discount** (Children's Camps & Youth Programs): Book by March 31, 2019 and receive a 10% discount.

Fast track your check in!! Expedite your Children's Camp check-in by ensuring paperwork & payments are completed and submitted online, before your arrival.

Donations and Camperships for Children's Camp: Unicamp offers financial assistance for children's camps if you find the cost is a deterrent. Donations to the Campership fund are welcomed and deeply appreciated; thank you for your help to ensure that every child has the opportunity to experience camp! Please contact exec.director@unicampofontario for information about financial assistance or donating to the Campership fund. Tax-deductible receipts will be issued for donations over \$20.

For registration or enquiries: (519) 925-6432 or bookings@unicampofontario.ca

Leaders In Training (L.I.T.) July 13th–August 2nd (Age 14 / entering Grade 9)
The vision of LIT is to grow the leader and role model that already exists within, and to equip youth to grow in leadership at Unicamp and in their own communities. With the guidance of facilitators and mentors, LITs are given the opportunity to learn and discover more about the operations components of Unicamp. The skills learned such as living in a community and working together through common goals are put to good use during a one night camp-out, which is also a part of this exciting and memorable experience.
Fee: \$1250 plus HST (includes cross over fees). See page 10 for discounts.

Counselors In Training (C.I.T.) July 7th–27th (Age 15 / entering Grade 10), with the opportunity to apply to volunteer (with a valid police check) during the last week of Children's Camp, July 28th–August 2nd. Those chosen to volunteer will be notified during their time up at camp.
Would you like to grow your skill set to help you gain experience to work within Unicamp and other companies and organizations? CITs pick up from the skills learned in the LIT program to continue to grow and develop a sense of self and the skills required to excel as part of a team. This program features a 2-night camp-out at the Nottawasaga Bluffs, a day of shadowing a staff member, and includes plenty of time for fun, building friendships, and developing the leader within. Participants are encouraged to think about the role of mentorship in our lives and at camp. Fee: \$1250 plus HST (includes cross over fees) for the 3-week program. See page 10 for discounts.

Junior Youth (Jouth) Monday August 5th, 3 pm to Friday August 9th 3 pm (Ages 13–16). Through a series of fun and collaborative activities, Jouth will be challenged to work as a team and to utilize the strengths that each person brings with them to complete the activities. Our Jouth week is very much designed to build relationships, create together with the community, and enjoy the week with your peers. We will have both new and old camp activities to engage in.
Fee: \$410 plus HST. See page 10 for discounts.
(Please note that Jouth ends on FRIDAY August 9th at 3 pm)



Photo by Oliver Middleton

To register online visit unicampofontario.ca & click on REGISTER/BOOK NOW!

Family Camp is a time for families to enjoy campfires, hikes, Talent Night, Comedy Night, swimming, our famous Wednesday Candlelight Dinners and much more. Parents: relax while your children aged 3 to 12 enjoy 2.5 hours of staff-led programming from 9:30 to noon (\$15 per child per morning, includes a snack). This can be booked, at least a week in advance, through our website (click on 'Register/Book Now!') or by e-mailing bookings@unicampofontario.ca. If you require additional childcare, please inquire with staff at the Welcome Centre or email Camp Director Michelle McComb at director@unicampofontario.ca. Note: these children's morning programs are only offered during Family Weeks.

Meals for children under 5 continue to be free (see page 6 for details). For any dietary restrictions, please contact bookings@unicampofontario.ca.



Aug 11–16: Family Camp 1

Families from Kitchener, Waterloo and Cambridge will be our special guests this week but of course, everyone is welcome! Please check the SUMMER listings (starts on page 16) for all the special programming taking place this week. This is also a **Dog Welcome Week** (ends at 9 pm, Friday August 16). Please see pages 5 and 6 for our dog policy details.

Aug 18–23: Family Camp 2

Families from Hamilton, Guelph and Peterborough will be our special guests during this week, but everyone is welcome! Please check the SUMMER listings (starts on page 16) for all the special programming taking place this week.

Aug 25–30: Family Camp 3

Families from the Greater Toronto Area will be our special guests this week but of course, everyone is welcome! Please check the SUMMER listings (starts on page 16) for all the special programming taking place this week.

Family Camp Horse Riding: This year we are offering a 10% discount to families of 4 that want to go out for a two-hour ride. Participants must be 12 years of age. For children younger than 12 we have an hour-long "Jr. Wrangler in Training Program" where the campers will learn to groom horses, have a riding lesson and parents get to take lots of photos! Please book these activities ahead of time by calling Rawhide Adventures at (519) 925-0152. More info: rawhide-adventures.on.ca.

For registration or enquiries: (519) 925-6432 or bookings@unicampofontario.ca

MAINTENANCE-IN-TRAINING PROGRAM (MIT2019)

Join us from Monday May 13 through Friday June 7 for the fifth year of this highly successful mentorship program. Must be 18+. For more information, please visit our website: www.unicampofontario.ca and click on 'Programs', or contact our Property Manager Terry O'Sullivan at tosull2@yahoo.ca.

COMMUNITY BUILDING WORK WEEKENDS

Work weekends are vital to the care and functioning of camp. We ask for 9 hours of work from each person attending—we suggest 6 hours on the Saturday and 3 hours on the Sunday—in exchange for meals and accommodations. Donations are gratefully accepted. We begin with a soup and bread dinner 7 pm Friday (you are welcome to bring potluck items) and provide breakfast, lunch and dinner on the Saturday, and breakfast and lunch on the Sunday. Evenings are filled with campfires, sing-a-longs, games and stargazing. If you would like to join us for the weekend and take part in the community and surroundings of Unicamp without the work requirements, regular fees apply minus 20%. Work weekends this year are **May 10–12** and **Sept 27–29**. To register for work weekends, please email director@unicampofontario.ca.

ADULT PROGRAMS

After a successful first year, we are bringing back the position of Adult Programming Coordinator. The Coordinator will continue to build the adult social culture at camp with various opportunities to commune together, many co-created by the Unicamp community.

It might feel like a more flexible, informal festival of offerings, tuned into the interests and practices of Unicampers. We're co-creating community.

In addition, many of our beloved facilitators are returning, continuing Unicamp traditions such as singing, dancing, art-making and hiking the Bruce Trail.

Most of our workshops get plenty of people. However, please register in advance as we need a minimum enrolment at least a week in advance for the workshop to run.

To register for our adult programs, please visit our website and click on 'Register/Book Now!', or send an e-mail to bookings@unicampofontario.ca



Photo by Mel Horvath-Lucid

To register online visit unicampofontario.ca & click on REGISTER/BOOK NOW!

20% discount on accommodations from May 3 to June 27

May 3–5: Camp Opens (weather permitting)

May 10–12: Spring Welcoming Community Building Work Weekend

Join with us to greet the spring at Unicamp! We will help wake up the camp from its winter slumber and start on some spring projects. Property Manager and Seasonal Unicamper Terry O'Sullivan will lead building projects, and welcomes help: tosull2@yahoo.ca. We also welcome kitchen help this weekend; please contact director@unicampofontario.ca if you can assist in the kitchen. See page 13 for details.

May 13–June 7: Maintenance-In-Training program (See page 13 for details)

May 17–20: May Long Weekend

Programming will be co-created by campers. For details, check the chalkboard in the dining hall when you arrive. Consider what interests you could bring, to show up more fully.

May 24–25: Seasonal Camper Repairs Days (Friday–Saturday)

Seasonal members: loud work can be done on your site on Friday and Saturday, 8 am - 8 pm. Potluck dinner Friday night. Come up, give help, get help. Seasonal Campers Meeting Saturday at sundown. Location depends on weather.

May 31–June 2: University of Guelph Leadership Retreat (Camp closed for this private rental)

June 3–7: 10th Annual Writers' Retreat

Monday, June 3rd, 8.00 p.m to Friday, June 7th, noon. Exploring our Inner and Outer Landscapes at the beautiful Unicamp setting with its trails, ponds, beaches and woodlands, we will be inspired to free our creative spirits. We will be guided by meditation, poetry and a variety of writing suggestions. There will be ample free time for silence and solitude, as well as group sharing in a safe, encouraging community. No previous experience necessary. Facilitated by Valerie Nielsen, leader of The Writers' Circle at The First Unitarian Church of Hamilton. For further information contact valerienielsen01@gmail.com or phone 905-643-5425. Program fee \$150

June 7–9: Bruce Trail Hiking with Frank Kuznik

Frank Kuznik and David Royle will lead two hikes in the beautiful Dufferin Highland section of the trail. The Saturday hike is about 12–15 km in length, at a moderate pace. The Sunday hike is a bit shorter. Both hikes start at 9 am. Program fee: \$25
Info: frankkuznik@hotmail.com.

June 8: Open House Saturday

Come tour the camp, bring a picnic lunch, have refreshments and see what Unicamp is all about. Relax, play, swim, hike, and join our communal campfire! Day passes are free.

June 11–16: Wild Ginger (Camp closed for this private rental)

Unicamp provides the perfect setting for this Wednesday to Sunday gathering (leaders arrive Tuesday night). This group is committed to the Reclaiming Tradition of Witchcraft, a political and feminist approach to Goddess- and Earth-based

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spirituality. The camp provides an opportunity to experience large group pagan rituals that connect us to ourselves, to each other, and to nature. Wild Ginger offers small group personal growth opportunities, a loving sense of community, chanting, dancing and fun. Every year, new and seasoned campers have expressed deep appreciation for the magic of Wild Ginger. Info and registration: wildgingerwitches.org or contact WildGingerWC@gmail.com.

June 18–23: Big Heart Dance Camp (Camp closed for this private rental)

Feel the Love at Big Heart Dance Camp!

Gather Groove Grow in Creative Conscious Community!

Join us for an intergenerational camp for up to a week of embodied play!

The 11th Annual Big Heart Dance Camp will be held from Tuesday, June 18th until Sunday, June 23rd, 2019. Come for the whole camp, mid-week (adults only), the weekend (all ages) or a day!

Workshops for Living, Loving & Learning: During the day, campers are invited to participate in a rainbow of movement-related workshops and activities. The focus is on everything from mental health, yoga, creative writing and singing to mindfulness, contact dance, drumming and other healing arts. On the weekend some workshops are for all ages while others are adults-only. Check out our schedule online.

Big Heart Kids' Camp: Youth, ages 5 and older, may choose to spend time with their peers monkeying around in the kids' hub, where they can spend the day (or part of it) making arts and crafts, playing games, going for hikes, and who knows what all else they will get up to! Supervised children under 5 are also welcome at Big Heart Kids' Camp.

If you would like to register, more information, or have any questions, please do not hesitate to be in touch: www.ayrlie.ca or bigheartdancecamp@gmail.com.



To register online visit unicampofontario.ca & click on REGISTER/BOOK NOW!



Please Note: Unicamp is closed to all visitors and day visitors, including guests of seasonal campers, during Children's Camps (July 7, 1 pm to August 2, 4 pm) and Jouth Camp (August 5, 1 pm to August 9, 4 pm).

June 28–July 1: Canada Day Long Weekend

Come for a fun weekend of co-created programming, or kick back, relax, and enjoy the weekend renewing friendships or making new ones in true Unicamp fashion. Program fee: Free.

July 2–6: Staff Training Week (Camp is open during staff training week)

July 6: Seasonal Campers, Staff and Board Potluck Lunch Social

July 7–August 2: Children's Camp and LIT/CIT Programs (See pages 9–11 for details).

Aug 2–5: Unicamp 50th Anniversary Celebrations

All new & returning campers are welcome to gather. In gratitude we honour those who have built up Unicamp over 50 years since 1969. Would you bring a memento, old photos, a story to share, or just make new memories? Fun activities are on offer from Friday through Monday. Join us for all or part of a memorable long weekend, as the community celebrates together in both traditional and new ways.

Aug 5–9: Junior Youth ("Jouth") Week (See page 11 for details).

For registration or enquiries: (519) 925-6432 or bookings@unicampofontario.ca

Aug 6–11: Camp Diversability

Camp Diversability is a volunteer-based, leadership program for adults with alternate abilities, more commonly known as "special needs".

Individuals in this program are at varying stages of exploring their independence, and are excited about developing their self-confidence, and finding ways to expand their lives, connect meaningfully with others and contribute to their communities. This growth happens more quickly in a conducive group setting as they inspire and receive support from each other.

Unicamp is optimal for this process as Unicampers hold a unique nonjudgmental, inclusive, welcoming environment for participants to discover their full potential. Each year we watch Camp D's campers "crack their shells" and allow their lights to shine brighter.

Each camper automatically becomes a Director of Camp Diversability and has the opportunity to contribute to designing many aspects of this life-transforming camp experience.

As Mel Horvath-Lucid said: "those who need the help are often not able to help themselves". At Camp Diversability, in partnership with Unicamp, we create the environment for our campers to learn how to help themselves.

This will be our fourth year at Unicamp. Camp D has grown steadily every year. We had fifteen campers last summer, and everyone—mentors and campers alike—had a great time getting to know each other. We really enjoyed intersecting with Jouth week. We look forward to many more years of Camp D at Unicamp! For more info: www.campdiversability.com



Aug 9, 4 pm–Aug 11: Dog Welcome Weekend Please see pages 5 and 6 for our dog policy.

Aug 11–Aug 16: Family Camp Week 1: Kitchener-Waterloo/Cambridge

All are welcome, with a special invitation to Kitchener-Waterloo and Cambridge. See page 12 for details. This is also a **Dog Welcome Week** (to 9 pm on Friday August 16). Please see pages 5 and 6 for our dog policy details.

Aug 16–18: Sacred Circle Dance with Barbara Herring

This is a program of exploration of the world around us and within through simple movement to a variety of world music. Dances are relaxing and playful, uniting us in mind, body and spirit. No experience or partners needed! Bring drums or stories to share, scarves and sacred objects to adorn our dance area. Facilitator Barbara Herring has led Sacred Circle Dance since 1996. She has led dance events in Ontario, BC and the USA. Barbara brings a sense of calm, joy and reverence to the dance. She is joined by the well-known facilitator and choreographer Anne Crowe. Book early, enrollment is limited to 30. Info: Barbara at 705-748-6886 or barbfish1@sympatico.ca. Program fee: \$60.

To register online visit unicampofontario.ca & click on REGISTER/BOOK NOW!

Aug 16–18: Bruce Trail Hiking with Frank Kuznik

Frank Kuznik will lead two days of hiking on the Bruce Trail's beautiful Dufferin Highlands section. Saturday's hike will be 12–15 km long, at a moderate pace with a drop-out point. This will be followed by a shorter more leisurely hike on Sunday, finishing in time for Unicamp's Sunday service. Start time will be 9 am both days. Info: frankkuznik@hotmail.com. Program fee: \$25

Aug 18–23: Family Camp Week 2: Hamilton/Guelph/Peterborough

All welcome, with a special invitation to Hamilton/Guelph/Peterborough congregations. See page 12 for details.

Aug 19–23: Soulo Theatre Workshop

Flying Soulo—Your Story on Stage: Transform your life stories into a Solo Theatre Show. Through improvisation, writing exercises and one on one coaching with director Tracey Erin Smith, you'll uncover the stories that need to be told and learn how to transform your truth into a powerful and entertaining show. The week culminates in a sharing of your work-in-progress with the Unicamp community.

SOULO Theatre's founder and artistic director Tracey Erin Smith is an international award-winning director, performer and instructor. Tracey has directed and performed Off Broadway and is the director/creator of the TV documentaries *She's The Man* and *Drag Heals*. Start time: Monday 2 pm. End time: Friday 2 pm. Program fee: \$400. Contact: tracey@soulo.ca. Pay for program by e-transfer or cheque to Tracey Erin Smith. Accommodations and meals may be booked online at unicampofontario.ca.

Aug 23–25: The Magic of Music with Michael Moon

Relax and deepen into the magic of music and its amazing healing properties. The most powerful instrument is the human voice, closest to our body and our spirit. Come learn how to use it as a simple, yet profound healing tool. You don't have to be a musician or singer to experience the magic. We will explore the basic principles of sound healing, drumming, chanting, group improvisation and more. If you play a musical instrument, bring it along. Michael shares his 30 years of study and practice of sound healing and music production. Past participants have said: "The best workshop of its kind", "So much fun and so relaxing", "An amazing experience!" Includes a special concert with Michael on Saturday night. Info: mm@thetempleofsound.com. Program fee: \$110.

Aug 23–25: The Power of Self Compassion

What if you were more compassionate with yourself? How would that change who you are with yourself, in your relationships and in the world?

In this experiential workshop you will have an opportunity to explore how to change judgemental and critical thoughts of yourself by developing an understanding of why you choose the behaviours you do. This opens the door to self compassion.

Although this workshop is based on teachings from Nonviolent or Compassionate Communication (NVC), it is appropriate for both those who have taken past workshops in NVC as well as those who have no knowledge of NVC at all.

For registration or enquiries: (519) 925-6432 or bookings@unicampofontario.ca

Aukje Byker is a Certified NVC trainer and has learned that when she can be compassionate with herself, she has greater compassion for others as well. Program fee: pay what you would feel comfortable paying—between \$25 and \$250. For more information about the workshop, email: aukje@cogeco.ca.

Aug 25–30: Connecting with Nature Artist Retreat

Connecting with Nature with Lauren McKinley Renzetti. We will be starting Sunday at 5 pm with introductions and continuing until Friday 4 pm. Unicamp and its environs will be our inspiration with its picturesque vistas, dappled ponds, rolling hills, fantastic forests and expansive skies. We will explore the perfect location and capture the light of morning, afternoon, dusk and sunset. In three or four sessions a day we will create a series of small works in watercolour or drawing media of your choice with on-location drawing and painting. These may be finished works or studies for future paintings. Go off on your own, or stick with the camaraderie of the group. Be introduced to a variety of techniques and strategies to create interesting compositions. Use colour theory to create depth. NEW: We will explore principles of composition, along with principles of design. Learn about the close view with single objects & the long view using panoramic skies and hills. End the day with a constructive critique and reworking that day's studies. Discussion about Kim Dorland, Tom Thompson, Emily Carr, & The Group of Seven and other contemporary artists and their styles will also help round out this week-long immersion into the Canadian Landscape. This retreat is for all abilities, whether you are a practicing artist or just starting out, you set your own pace. Bring your own materials. Program fee: \$150 for the workshop. For additional information or enquiries: mckinleyrenzetti@gmail.com. Accommodation and meals can be booked at unicampofontario.ca.



To register online visit unicampofontario.ca & click on REGISTER/BOOK NOW!



Aug 25–30: Family Camp Week 3: Greater Toronto Area

All are welcome, with a special invitation to those in the Greater Toronto Area. See page 12 for details.

Aug 25–Sept 1: Wellness Week

In addition to the following workshops and retreats, there will be offerings of yoga and other wellness practices by people in the Unicamp community. Registered Massage Therapist Ayelet Grosbein will be available to offer massages, including 7 am Sunrise Treatments. To book, contact ahartmassage@gmail.com.

Aug 29–Sept 1 (10 am–noon): Injury Rehab and Prevention

This workshop will address injuries, chronic conditions, for everyday people, seniors and elite athletes. Lecture and simple yet effective physical exercises will teach you how to work with your body instead of against it. The new perspectives you can learn effect not just your physique but your sense of life in general. Accessible to all. Program fee: 8-hour course \$130 (\$105 with payment by July 14).

Aug 29–Sept 1 (3:00–4:30 pm): Functional Movement with Kathleen Rea

Former dancer with NBOC, Ballet Jorgen Canada and Tiroler Landes Tanztheatre, Kathleen Rea teaches at George Brown Dance. She founded the Wed Dance Jam and is the author of *The Healing Dance*. She is a certified instructor of the MELT Method (Hands & Feet) and an Axis Syllabus teacher candidate. This workshop will build on the above workshop by taking functional movement concepts into dynamic motion. Safe and energy conservative ways of moving and accessible information on body alignment, joint function, physics and anatomy will be provided. Spiral and wave-like movements will be used to minimize tension and build resiliency. Exercises can prompt discoveries that people may transfer into daily life. Students need to take the above workshop to gain full benefit from this workshop. Accessible to all. Program fee: 6-hour course, \$100 (\$80 with payment by July 14).

Aug 29–Sept 1 (4:45–6 pm): Contact Dance Improvisation with Kathleen Rea

Contact Improvisation (CI) is a social dance in which momentum between people is used to create and inspire dance movements. Kathleen has been doing CI for the past 19 years, and teaches CI at George Brown Dance. See her full bio in the program description above. Kathleen teaches CI with a functional movement perspective. This is an intermediate to advanced level CI course. Program fee: 5-hour course, \$90 (\$70 with payment by July 14).

For registration or enquiries: (519) 925-6432 or bookings@unicampofontario.ca

Aug 30–Sept 2: Labour Day Weekend

Programming activities will be co-created by the community.

Saturday August 31: Unicamp Open House

Come tour the camp, bring a picnic lunch, have refreshments and see what Unicamp is all about. Relax, play, swim, hike, and join our communal campfire! Day passes are free.

Saturday August 31: Unicamp Annual General Meeting and Forum

Join us Saturday at 10 am for our Open Forum and Visioning session and the Annual General Meeting at 1:30 pm.

REGULAR AUGUST WEEKEND EVENTS

FRIDAYS

Games on the Common: 5 pm.

Camp Circle: Meet other campers on the dining hall deck one hour before dinner.

Drum Circle: 9–11 pm. Enjoy the community of our drum circle! Bring your rhythm and join us around the fire!

SATURDAYS

Camp Circle: Meet other campers at the main fire pit one hour before dinner.

Unicamp Dance: 8:30 pm. Great music and fun in the Dining Hall.

SUNDAYS

Sunday Service: 11 am. Held outside if the weather is nice, inside if it is raining.



To register online visit unicampofontario.ca & click on REGISTER/BOOK NOW!



20% discount on accommodations from September 8–October 10

Sept 3–6: Houselink (Camp is closed for this private rental).

Houselink Community Homes is a leader in the field of supportive housing and recovery for people living with persistent mental health challenges and addiction issues. As a community centered, charitable organization, Houselink continues to address the issues of homelessness and marginalization for single men and women, youth, seniors and families with children in the City of Toronto.

Sept 6–8: The Big Branch Festival (Camp is closed for this private rental)

The Big Branch is a gathering of folk musicians and dancers, a festival bringing European sounds to the trees along the Bruce Trail. Three days of concerts/bals, featuring both music and dance workshops, good food, jamming and camping. Organized by Balfolk Toronto. For more information: thebigbranchfestival.com

Sept 13–16: Young Adult Retreat

Join UU young adults (18–35) for a weekend of community, conversation and carousing amidst the splendors of the changing leaves. Come for a hike on the trails, pick apples and make cider, gather a crew for a workshop, or grow friendships over crafts and games. Whatever the weekend is, it's up to you as participants to bring your own gifts forward. With cars coming from everywhere between Montreal and Windsor, we can probably help with a ride too. Children under 12 welcome! Program cost: Sliding scale from \$40–\$140. For more info: email young-adults@cuc.ca, or visit www.cuc.ca/events.

For registration or enquiries: (519) 925-6432 or bookings@unicampofontario.ca

Sept 27–29: Welcoming Winter Work Weekend

Come and join us this weekend to help Unicamp get ready for winter. Accommodation, Saturday meals, and Sunday breakfast & lunch are provided in exchange for 9 hours of your work (6 hrs on Saturday and 3 hrs on Sunday morning.) See page 13 for more details.

For more info, contact director@unicampofontario.ca.

Oct 11–14: Thanksgiving Weekend / Dog Welcome Weekend

A long-standing tradition at Unicamp. Come and join us for a mixture of community work on Saturday, as we ready for the winter. Help prepare our Sunday Thanksgiving feast, apple pick, hike, chop wood, join in for campfires, sing-alongs, games in the dining hall and even a late fall swim! The leaves are beautiful this time of year! Join us for Sunday worship service at 10 am, with brunch at 11 am and dinner at 5 pm. Our Cooks are the only paid staff this weekend; please book and pay online prior to arrival and come ready to help with accommodation clean up, meal clean up and other tasks during the weekend. Fees include accommodation and meals from Saturday breakfast to Monday lunch, with Friday night being a potluck; we will provide soup and bread!

Dorm or Tent: \$85 pp, Cottages: \$100 pp and Youth 5–15: \$50 for the weekend. Other activities happening throughout the weekend are: Saturday night dance, group hike (1–2 hours), a fall craft hour and gratitude sharing circle. This is also a Dog Welcome Weekend. Please see pages 5 & 6 for our dog policy.

Oct 13: Thanksgiving Feast only—If you are unable to join us for the whole weekend, consider joining us for dinner on Thanksgiving Sunday at 5:00 pm. Fee includes day pass to camp: Adults \$30, Youth 5–15 years \$18. Please book online and pay prior to arrival, as our Cooks are the only paid staff working this weekend.

Oct 17: Camp Closing

STAFF AND VOLUNTEER OPPORTUNITIES

Staff Openings

Are you a fun-loving, open-minded and hardworking individual? Consider applying for a job as a staff member with Unicamp. Please visit our website and click on 'JOBS' for full details and to apply! If you have any questions, please contact: director@unicampofontario.ca.

Volunteer Opportunities

Volunteerism and community engagement are vital to the care and successful operation of Unicamp and the development of a cohesive community. We value the opportunity to talk with folks about our needs and their passion, talent and skills, and the space where these can be woven together. Some volunteer opportunities include: Work weekends, camp caregiver (during Children's Camps and Jouth), operations and maintenance help, administrative support, fundraising support, board work, cleaning/janitorial, organizers, landscapers and of course, helping us to organize and facilitate celebrations for our 50th Anniversary. In gratitude for your volunteerism, we would be glad to write a letter of recommendation or sign a document listing hours volunteered, when needed. Please email director@unicampofontario.ca to get involved!

To register online visit unicampofontario.ca & click on REGISTER/BOOK NOW!

2019 Calendar

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May 10–12: Spring Welcoming Community Building Work Weekend	p14
May 13: Maintenance-In-Training program begins	p14
May 17–20: May Long Weekend	p14
May 24–25: Seasonal Camper Repairs Days (Friday–Saturday)	p14
May 31–June 2: University of Guelph Leadership Retreat (Private Rental)	p14
June 3–7: 10th Annual Writers' Retreat	p14
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June 8: Open House Saturday	p14
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For registration or enquiries: (519) 925-6432 or bookings@unicampofontario.ca

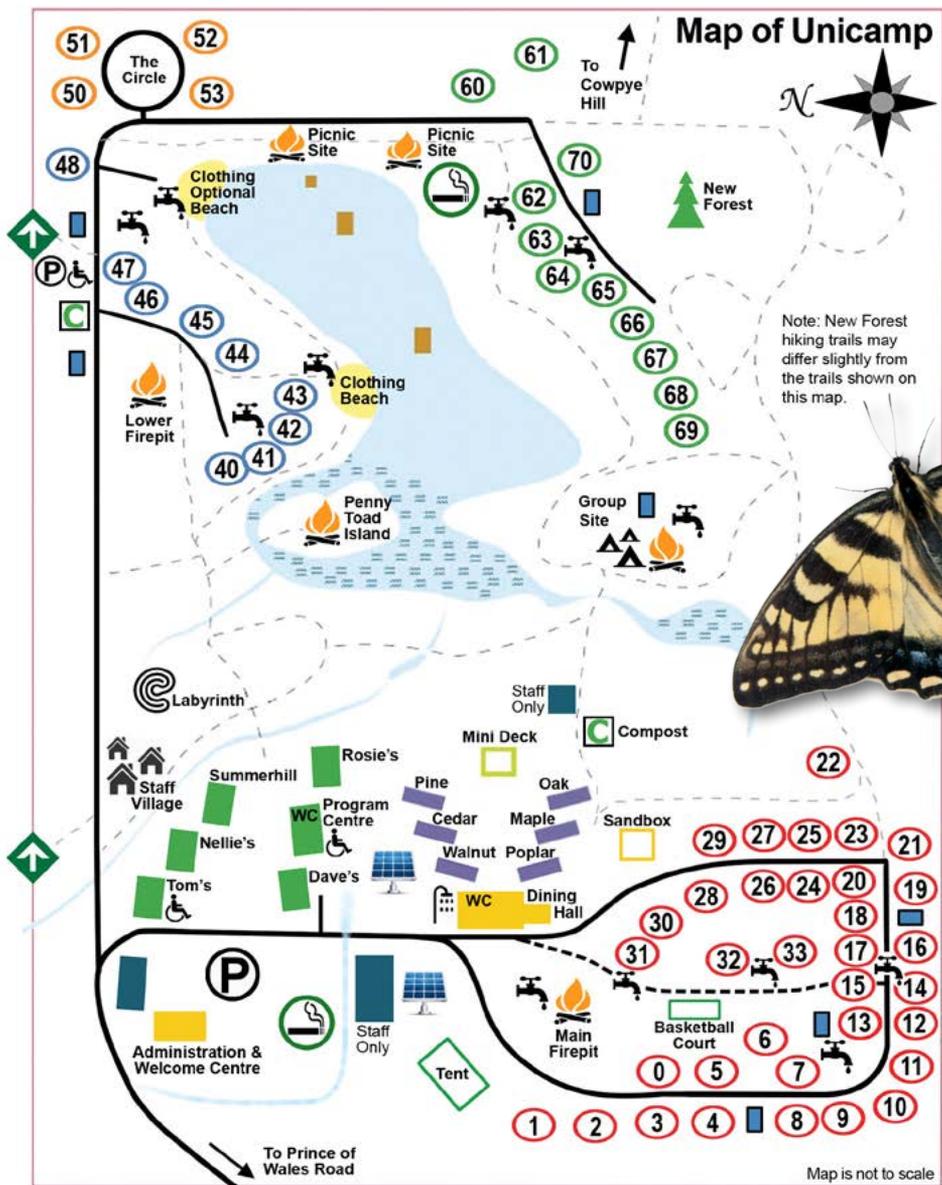


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Oct 13: Thanksgiving Feast	p23
Oct 17: Camp Closing	p23



To register online visit unicampofontario.ca & click on REGISTER/BOOK NOW!

Map of Unicamp



Note: New Forest hiking trails may differ slightly from the trails shown on this map.

Map is not to scale

- | | | | |
|------------------------|-------------------------|--------------|---------------|
| 0-33 Meadow Campsites | Bruce Trail Access | Cottage | Compost |
| 40-48 Pond Campsites | Outhouse | Dorm | Foot Path |
| 50-53 Circle Campsites | Firepit | Water Tap | Washrooms |
| 60-70 Forest Campsites | Designated Smoking Area | Showers | Property Line |
| | | Solar Panels | |

