UNICAMP 2018

A Unitarian Universalist Camp and Conference Centre in Mulmur, Ontario
Greetings to you from the Unicamp Board of Directors!

I am so excited to be serving you for the second year as President of the Board for Unicamp of Ontario.

Our 2018 season offers a rich complement of programming for a variety of users and with a broad array of opportunities for you to engage in our community. As a Unitarian Universalist camp we have strived to reflect our faith in programming for over 45 years. Our staff, volunteers, and instructors work to serve our community of users, providing excellent quality programming in affordable, accessible and creative ways. Our facility boasts the rich natural beauty of the Niagara Escarpment, UNESCO World Biosphere Reserve, with access to the Bruce Trail just meters away.

Our popular week-long sleep-over children's camps, and our teen and youth retreats, return with new themes and activities. We have new and returning adult programs and our family camps provide a balance of structured and unstructured time for participants. Look inside for our new “Grown Up” camp!

We hope that you will find a safe space to play and learn, share and reflect.

I hope to see you soon!

In peace, Sky Dasey, President of the Unicamp Board of Directors

Unicamp is a Unitarian Universalist camp that is committed to providing a safe and welcoming seasonal camp and spiritual retreat to our diverse community. Our programs and activities are designed to grow awareness and practice of our UU values in which our camp is rooted. These values include the understanding of the importance of each person, the quest for kindness in all we do, and the freedom to learn together and search for what is true. We affirm that all people need a voice, and work to build a fair and peaceful world and care for our sacred earth with awareness to the interconnectedness of all things.

Located in Dufferin County, just north of Shelburne, Ontario, Unicamp is within the UNESCO Niagara Escarpment Biosphere Reserve. It includes 50 beautiful, peaceful acres of meadows, coniferous and deciduous forests, marshes, streams, caves and two beaches on a 2.5-acre spring fed pond that is safe for swimming.

This is a magical place to relax, explore and reconnect with self, community and nature.

Unicamp has indoor and outdoor showers, several outhouses, and washrooms in the cabins, the Dining Hall and the Spiritual Centre. You supply your own bedding, pillows and towels. Drinking water is available in all washrooms, at the outdoor sinks, and at several outdoor faucets.

We acknowledge and affirm that each of us has special qualities and talents to share. Campers are asked to help with chores such as tidying their dorm, cottage or campsite at the end of their stay, helping us to keep the Unicamp experience affordable for everyone and the environment community- and team-focused.

To register online visit www.unicampofontario.ca/register
CAMP CONDUCT AGREEMENT

CHECK IN time for all accommodations is 4 pm. Please phone if you will be arriving after 9 pm so that staff can make special arrangement to be available when you check in. Reservations will be held until 8 am of the morning after your booked arrival date.

CHECK OUT time is 11am to allow accommodations to be serviced between visitors. Feel free to stay after you check out (or arrive earlier than the 4pm check in time) and enjoy the grounds, unless otherwise specified.

NOISE Amplified music, generators and other noisemakers are not permitted except for camp dances and programs. A quiet camp is expected after 10pm, including at your camp site, 11 pm on drumming and dance nights.

ALCOHOL AND ILLEGAL DRUGS Underage drinking/illegal drug use is not permitted. Discrete alcohol consumption is requested. A full alcohol and drug policy is available upon request and located in the dining hall and admin building at Unicamp.

SMOKING Smoking is allowed at your campsite fire pit and at the three communal fire pits. All other areas are smoke-free. Please be considerate of your neighbours.

HARASSMENT Ours is an inclusive and peaceful community. No harassment or abuse of any kind will be tolerated. If you encounter any situations where you find yourself uncomfortable with someone’s words or actions, please address that person directly, and if appropriate, please report it to the Camp Manager. The Unicamp Anti-Harassment policy is strictly enforced.

DINING HALL Our dining hall is nut free. Shoes are required. Meals are generally served at 8:30am, 12:30pm and 6:30pm with some exceptions for Friday evening and candlelight dinners. There is a 15 minute warning bell before the dinner bell. We are equipped to provide hearty meals for vegetarians and those without dietary restrictions. Those on restricted or specialty diets are encouraged to bring food to supplement in, or, to cook their own meals. Please pay before receiving meals. Occasionally, last minute meal requests can be accommodated. If so, you will be given an invoice to present at admin for payment. We ask that you wait until those who have booked ahead of time receive their meals.

ICE PACKS Currently we provide an icepack service to those camping. The freezer is located on the admin deck. Donations to support the continuance of this service are gratefully appreciated.

WOOD Wood for Campfires when fire bans are not in effect is located by the admin building and near the main pit. Financial donations to support this service are appreciated. Please do not bring firewood of any kind onto Unicamp property.

CHILDREN’S CAMP AND YOUTH CAMP CLOSURE TO PUBLIC During Children’s Camps (July 8th 1pm to August 3rd 4pm) and Youth Camp (August 6th1pm to August 10th 4pm) Unicamp is closed to all visitors and day visitors. For seasonal campers who are on site, swimwear is required on both beaches during these times. From August 3rd 4pm to August 6th 1pm the clothing optional beach and camp are open to the public with programs for all ages.

LOST AND FOUND Located in Admin. We frequently donate unclaimed items. Please leave valuables at home.

DAY USE Day use is welcomed, except during Children’s and Youth Camps. Please contact the Unicamp Administrator ahead of time to book your day at camp.

Day use fees: $10 (16 years and older), $5 (5 –15 years), under 5 years free. We also offer a season day pass; the fee is $25 for a single adult and $75 for a family pass.

DOGS AT CAMP POLICY We welcome our dog-owning campers during specific Dog-Friendly weeks only. This year, the permitted dates are: June 1st–3rd, August 12th–19th, August 26th–31st, and October 5th–8th. We ask that those bringing dogs be mindful of their canine friends at Unicamp and respect these designated dates and the agreeable conduct policy. Dogs must be on-leash at all times on camp property, including in the pond. Dogs must be kept back from people who do not wish to interact with them (especially at campfires and at the beach where they might be in close proximity) and away from other dogs that may interact aggressively with them. Excessive barking disturbs everyone at camp; if your dogs bark when you leave them alone then someone must stay with them at all times. Dogs are not permitted on Cow Pie Hill or any other part of our neighbour’s ranch property. Unicamp’s Spiritual Centre and Dining Hall and deck are off limits to all animals at all times. Owners must carry bags to scoop up after their dogs (on any part of Unicamp property, even in the woods) and dispose of the bags in the container marked for that purpose near the dining hall. During Dog-Friendly dates, dogs are permitted in the pond only at Bob’s Beach and only between 10 – 11 am and 4 – 5 pm, and must not be allowed to relieve themselves on the beach sand. Dogs digging on the beach disrupt the natural habitat of our turtle friends, and has seen them migrating further away from the beach to lay their eggs. We ask you to be mindful of this when your dog is on the beach.

BEACHES, POND, WATERCRAFT & DIVING TOWER SAFETY REQUIREMENTS

Safety requirements for the pond and diving tower apply to all persons using the pond including campers, seasonal campers, staff, and private renters. With the exception of specific children’s camp programing, we do not have lifeguards on site, and safety is always our shared responsibility. The camp-owned paddle boards, spinal board and other safety devices are to be used ONLY in emergencies. An air horn for emergencies is in the first aid box under the beach shelter. You are responsible for you and your children’s safety. All children 16 years and under, must be accompanied by a responsible adult when on the beach or swimming in the pond. It is highly recommended that you always swim with a buddy, either in the water or watching from the shore. A maximum of 4 people (1 on the ladder and 3 on the top) are permitted on the “Diving Tower” at any one time. Swimmers must jump off the tower from the side facing the main body of the pond and must enter the water feet-first. A maximum of 8 people are allowed on the docks or on a raft at any one time. Life jackets are provided and must be worn by all while in canoes and any other boats or rafts used on the water. Boats and canoes are to be boarded at the docks or shore; no boarding or disembarking in the pond or on the rafts. All watercraft use requires at least one rider to be 16 or older.

WILDLIFE Our 7th UU Principle teaches us to have respect for the interdependent web of all existence of which we are a part. To that end, please leave our abundant wildlife on their own; do not touch or handle frogs, turtles or other creatures (and ensure your children also do not). Pond animals are especially harmed by the natural oils on our hands. Please do not feed any of the wildlife at Unicamp. We ask that you ensure food and scented items such as bug spray and sunblock be stored away in an effort to deter wildlife from visiting campsites. Fishing is not allowed in Unicamp’s pond or streams.

For registration or enquiries: (519) 925-6432 or booking@unicampofontario.ca

To register online visit www.unicampofontario.ca/register
**ACCOMMODATIONS**

Unicamp offers campsites including a walk-in group site, cottages (either shared or booked for exclusive use), dorm rooms and one fully accessible cabin with shower, for folks with mobility challenges, in a rustic setting. Cottages and dorms have a washroom within them, with additional washrooms in the program centre, dining hall and outhouses throughout the property. We also have outdoor private showers, with the fantastic experience of showering under the warmth of the sun or the energy of the stars! For full descriptions, to book and pay for accommodations & meals, and to see what is available, please visit [www.unicampofontario.ca](http://www.unicampofontario.ca).

**PAYMENT** Unicamp gladly accepts cash, cheques, VISA, and Master Card, or e-transfers to admin@unicampofontario.ca. (Cheques must be made out to Unicamp of Ontario Inc.) Please add 13% HST to all fees. Unicamp has to pay 3% to accept your credit card payments; if paying by credit card, making a donation of 3% of your total bill will help us to offset this expense and would be greatly appreciated. A tax-deductible receipt can be issued for donations above $20.

**RESERVATIONS & FEES** To reserve a campsite, dorm or cottage, to ensure program space and to book meals, full payment must be received 7 days prior to your arrival. Register online at [www.unicampofontario.ca/register](http://www.unicampofontario.ca/register), by phone: (519) 925-6432, or email us at booking@unicampofontario.ca. Please register for programs as soon as possible; programs may be cancelled if enrollment is low.

**REFUNDS** Cancellations made within 7 days of booked dates will not be refunded. Cancellations made more than 7 days before a booked date will be refunded, minus a 10% administration fee to a maximum fee of $35. Special rates apply for families.

**PRICING**

13% HST applies to all fees.

20% discount on accommodations during Spring & Fall

**Family Weeks Meal Discounts**

2nd Child in Family: 10% off. Additional Children: Free

**Family Camp Candlelight Dinner** (Wednesday Night) $30 includes 4-course meal & 2.5 hrs of childcare. The cost of children’s meals still apply at $9/child. $30 fee applies whether you require childcare or not.

If you love the food at Unicamp, please consider allocating a financial appreciation to the capital campaign.

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For registration or enquiries: (519) 925-6432 or booking@unicampofontario.ca

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CHILDREN’S CAMPS

Unicamp programming is thoughtfully designed to meet the needs and interests of each age group. Each session is filled with a wide variety of creative and enriching activities, community building experiences and time to appreciate the beauty and magic of Unicamp. Below is a sampling of our daily schedule.

MORNING PROGRAM An ease-in to the day and a chance for all campers to engage in a program together. Each morning the entire camp gathers together for a collaborative program organized around a specific theme. Our morning programs are led by our enthusiastic program staff.

WORKSHOPS & ONE-SHOTS Campers choose from theme-related activities to co-create their days based on their interests. There are 2–3 different program slots per day and 3 different choices in each slot. Some examples of activities include: arts and crafts, archery, caving, swimming, sports, music, drama, wilderness survival skills, group games, story circles, campfires and more.

FREE TIME With so many scheduled activities, campers welcome some unstructured time. Each afternoon, for an hour and a half, campers can choose to swim, play games on the field, do a project in the program centre, or simply spend time socializing with friends.

FAMILY COUNCIL This is where the work of building community takes place. Campers and staff members gather together in their cabins to engage in relevant discussion—to work out conflicts, to make decisions about the week’s activities, and to share the joys and successes of their day.

EVENING PROGRAM Each evening brings a new camp-wide event. Typical evening activities include Wish Night, Carnival, Counselor Hunt, campfires, Capture the Flag, scavenger hunts, Olympics, movie nights and game shows. Wednesday nights are reserved for our camp-wide dance.

HUG PATROL Each evening the Mini-common comes alive with activity as the Programming staff go and visit each cabin. Campers let the program staff know if they would like a smile, high five, handshake or hug that evening. As with all aspects of our program, practicing our principles is interwoven into the shared camp experience, and this includes ensuring each person has a voice.

EXCURSION Wednesday afternoon is our all-camp excursion. We venture out to a beautiful location where we hike, swim, picnic and play games. Campers return to camp both tired and exhilarated, ready for ice cream upon their arrival.

CHILDREN’S CAMP WEEKS & THEMES

WEEK 1: (July 8th–14th) SUPER HEROES Discover the superhero in each of us!
WEEK 2: (July 15th–21st) UNICAMP’S GOT TALENT Singing, dancing, magic tricks, acting, imagination, art and sports!
WEEK 3: (July 22nd–28th) HARRY POTTER Come ready for new games, crafts and adventures with some of our old favorites!
WEEK 4: (July 29th–August 3rd) EXPLORE, INVENT, CREATE Come and bring all of your ideas, this week is all about creating and co-creating!!

HORSE RIDING ADVENTURES 2018

Trail Riding Adventure This adventure is offered during Children’s camp weeks to campers 12+ years of age. During this an hour and a half adventure, the kids greet the horses and then go for a riding adventure through the rolling hills of Mulmur. Fee: $60 per camper per ride, plus tax.

Wrangler-in-Training Program This summer we are partnering with our neighbouring ranch to offer a day experience for those who want to learn more about horses. The campers will join us at Peace Valley Ranch for the day to learn about horses from the ground up—which includes grooming, tacking, learning about horse health & psychology, ground work, and structured riding. This adventure costs $110 per camper per day, with a minimum of 5 campers participating. Ages 12+.

Horse Play Time This adventure is offered to those who are too young to ride. For an hour they will spend time with the horses, starting with grooming. For controlled pony rides in the corral, they will have a one on one helper leading them and talking to them about riding. This adventure costs $45 per camper for the hour, with a group of 5–8 campers.

For registration or enquiries: (519) 925-6432 or booking@unicampofontario.ca

To register online visit www.unicampofontario.ca/register
Donations and Camperships for Children's Camp  

REF5 1st time camper, UNI5; 2nd program, UNI5; UNI5; NCD; 3rd camper from the same household.  

Please contact us for more information.  

Civic Long Weekend Children’s Camp  
This year, we are adding a weekend program for children in addition to our Youth Con for teens and NEW Camp for Grown Ups! There is something for everyone! What you can expect from children’s programs: Children’s camp program will run from 9–5pm each day. Children will spend evenings and overnight with their family. We will have evening program from 7:30–9 pm on Friday night. While kids are in program, this gives adults a chance to relax and enjoy the beauty of Unicamp or register and take part in our Camp for Grown Ups. Full description of Camp for Grown Ups is available in the adult program section of this brochure. Arrival to camp begins at 4 pm on the Friday with dinner at 6:30 pm and our first program at 7:30 pm. Cost for the weekend for youth 3–12 years old: $182.85 (includes meals, accommodation with guardian and full program).  

New this year: Fast track your check in!! Ensure all paperwork and payments are completed and submitted online, before your arrival.

CHILDREN’S CAMPS PRICING

Children’s Camps $512.00 per week for weeks 1, 2 and 3. Children’s camp week 4 is the adjusted amount of $438.84 due to the shortened week.  

Early Bird Discount: Book by March 31, 2018 and receive a 10% discount.  

Children’s Camp & Youth Discount Codes: 1st time camper, NCD; Bringing new camper, REFS; 2nd program, UNI5; 3rd camper from the same household, UNI5.  

Donations and Camperships for Children’s Camp Please contact us for information about financial assistance for kids’ camp if you find the cost of Unicamp a deterrent. Donations to the Campership fund are welcomed and deeply appreciated; thank you for your help to ensure that every child has the opportunity to experience camp! Tax-deductible receipts will be issued for donations over $20.  

For registration or enquiries: (519) 925-6432 or booking@unicampofontario.ca  

YOUTH PROGRAMS

Leaders In Training (L.I.T.) July 15th–August 3rd (Age 14 / entering Grade 9)  
The vision of LIT is to grow the leader and role model that already exists within and equip youth to grow in leadership at Unicamp and in their own communities and to learn more about the operations components of Unicamp. Learning through living in community, serving, working together toward common goals, fun and community, exploring, cultivating a greater sense of self and others and discovering the many points of interconnectedness that exist. A one night camp-out is also a part of this exciting and memorable experience. Fee: $1228.50 (includes cross over fees). See page 10 for discounts.  

Counselors In Training (C.I.T.) July 8th–28th with the opportunity to apply to volunteer the last week of kids camp July 29th–August 3rd (Age 15 / entering Grade 10) Would you like to grow your skill set to help you gain experience to work within Unicamp and other companies and organizations? CITs pick up from the skills learned in the LIT program to continue to help grow and develop a sense of self and the skills required to excel as part of a team. Special focus is placed on learning more about the program aspect of camp and how we impact one another. This program features a 2-night camp-out on the Bruce Trail, one day of shadowing a staff member, with plenty of time for fun, building friendships and developing the leader within. Participants are encouraged to think about the role of mentorship in our lives and at camp. Fee: $1,228.50 (includes cross over fees) for the 3-week program. See page 10 for discounts.  

Unicamp Youth Con Weekend August 3rd 4pm–August 6th 11am. (Ages 13–17) Calling all Unitarian youth and friends—come join us at the Unicamp Youth Weekend for lots of fun and outdoor activities! This weekend is an opportunity to participate in workshops, foster friendships, and explore the power of coming together as a Unitarian Universalist Community. If youth are planning to attend this program without a youth advisor from their congregation, please contact exec.director@unicampofontario.ca, so that we can connect you with a group. Please bring a tent and bedding or make tent-sharing arrangements with your friends; limited extra tent space will be available. Advisors seeking more information can contact the dean at dean@unicampofontario.ca. An email from advisors with estimated numbers would be appreciated. Hope to see you there! Program Fees: Youth $75, Advisors Free.  

Junior Youth (Jouth) Begins immediately following the youth con weekend: Monday August 6th, 2pm to Friday August 10th 4pm (Ages 13–16)  
Through a series of fun and collaborative activities, Jouth will be challenged to work as a team and to utilize the strengths that each person brings with them to complete the activities. A selfie scavenger hunt, escape room challenge, a cooking task, brain teasers and an amazing race are just some of the activities that campers will experience during their time at camp. Fee: $395. See page 10 for discounts. (Please note that Jouth ends on FRIDAY August 4th.)  

To register online visit www.unicampofontario.ca/register
Aug 12–17: Family Camp 1
Families from Kitchener, Waterloo and Cambridge will be our special guests this week but of course, everyone is welcome! Book your spot early as this week is expected to fill up early! Please check the SUMMER listings (starts on page 16) for all the special programming taking place this week. This is also a Dog Welcome Week—please see page 5 for our dog policy details.

Aug 19–24: Family Camp 2
Families from Hamilton, Guelph and Peterborough will be our special guests during this week, but everyone is welcome! Please check the SUMMER listings (starts on page 16) for all the special programming taking place this week.

Aug 26–31: Family Camp 3
Families from the Greater Toronto Area will be our special guests this week but of course, everyone is welcome! Please check the SUMMER listings (starts on page 16) for all the special programming taking place this week.

Family Camp is a time for families to enjoy campfires, hikes, cave tours, Talent Night, Comedy Night, swimming, our famous Wednesday Candlelight Dinners and much more. Parents: relax while your children aged 3 to 12 enjoy 2.5 hours of staff-led programming from 9:30 to noon ($12 per child per day, includes a snack).

Note: Children's programming is only during Family Weeks. Additional childcare can be arranged in advance for $7 per child per hour, when available.

Unicamp is an affordable place for families to vacation and we offer great family discounts in our dining hall. Families taking meals get a 10% discount with their second child and subsequent children eat free. Meals for children under 5 continue to be free. For any dietary restrictions please contact admin@unicampofontario.ca (See page 6 for details.)

Family Camp Horse Riding This year we are offering a 10% discount to families of 4 that want to go out for a two-hour ride. Participants must be 12 years of age. For children younger than 12 we have an hour-long “Jr. Wrangler in Training Program” where the campers will learn to groom horses, have a riding lesson and parents get to take lots of photos! These adventures have to be booked ahead of time by calling Peace Valley Ranch at (519) 925-0152.

For registration or enquiries: (519) 925-6432 or booking@unicampofontario.ca

MAINTENANCE-IN-TRAINING PROGRAM (MIT2018)
Join us from Mon May 14 through Friday June 8 for the fourth year of this highly successful mentorship program. Must be 18+. For more information, please visit our website: www.unicampofontario.ca/programs/maintenance-in-training, or contact Property Manager Terry O’Sullivan at tosull2@yahoo.ca.

COMMUNITY BUILDING WORK WEEKENDS
Work weekends are vital to the care and functioning of camp. We ask for 9 hours of work from each person attending and suggest 6 hours on the Saturday and 3 hours on the Sunday, in exchange for meals and accommodations. Donations are gratefully accepted. We begin with a soup and bread dinner 7pm Friday (you are welcome to bring potluck items) and provide breakfast, lunch and dinner on the Saturday, and breakfast and lunch on the Sunday. Evenings are filled with campfires, sing-a-longs, games and stargazing. If you would like to join us for the weekend and take part in the community and surroundings of Unicamp without the work requirements, regular fees apply minus 20%. Work weekends this year are May 11–13 and Oct 12–14.

To register for work weekends, please email exec.director@unicampofontario.ca.

To register online visit www.unicampofontario.ca/register
ADULT PROGRAMMING

We’re introducing an Adult Programming staff role this year. They will be a catalyst for programming activities co-created by the community. It might feel like a more flexible, informal festival of offerings, tuned into the interests and practices of Unicampers. We’re co-creating community. In addition, many of our beloved facilitators are returning, continuing Unicamp traditions such as singing, dancing, art-making and hiking the Bruce Trail.

Most of our workshops get plenty of people. However, please register in advance as we need a minimum enrolment at least a week beforehand for the workshop to run.

SPRING

20% discount on accommodations during Spring

May 4–6: Camp Opens

May 11–13: Spring Welcoming Community Building Work Weekend

Join with us to greet the spring at Unicamp! We will help wake up the camp from its winter slumber and start on some spring projects. Property Manager and Seasonal Unicamper Terry O’Sullivan will lead building projects, and welcomes help, tosull2@yahoo.ca. Alta Wilbur will lead in the kitchen, and welcomes help, altacooks@hotmail.com. See page 13 for details.

May 14–June 8: Maintenance-In-Training program

May 18–21: May Long Weekend

Programming will be co-created by campers. For details, check the chalkboard in the dining hall when you arrive. Consider what interests you could bring, to show up more fully.

May 25–27: Friday-Saturday Seasonal Repairs Days

Seasonal members: loud work can be done on your site on Friday and Saturday, 8am - 8pm. Potluck dinner Friday night. Come up, give help, get help. Seasonal Campers Meeting Saturday at sundown. Location depends on weather.

June 1–3: Open House Saturday and Dog Lovers Weekend

On Saturday, day passes are free. Come tour the camp, bring a picnic lunch, have refreshments and see what Unicamp is all about. Relax, play, swim, hike. Enjoy campfires, the caves and more.

This is a special weekend for dog lovers because you can bring your dog for the weekend! Please see pg 5 for Unicamp’s dog policy.

June 8–10 Bruce Trail Hiking with Frank Kuznik

Frank Kuznik will lead two hikes in the beautiful Dufferin Highland section of the trail. The Saturday hike is about 12–15 km in length, at a moderate pace. The Sunday hike is a bit shorter. Both hikes start at 9 am. Info: frankkuznik@hotmail.com. Program fee: $25.

June 12–17: Wild Ginger (Camp closed for this private rental)

Unicamp provides the perfect setting for this Wednesday to Sunday gathering (leaders arrive Tuesday night). This group is committed to the Reclaiming Tradition of Witchcraft, a political and feminist approach to Goddess- and Earth-based spirituality. The camp provides an opportunity to experience large group pagan rituals that connect us to ourselves, to each other, and to nature. Wild Ginger offers small group personal growth opportunities, a loving sense of community, chanting, dancing and fun. This is Wild Ginger’s 20th camp. Every year, new and seasoned campers have expressed deep appreciation for the magic of Wild Ginger. Info and registration: wildgingerwitches.org or contact wildgingerwitch@rogers.com or 519-438-8208.

June 19–24: Big Heart Dance Camp (Camp closed for this private rental)

Singles, couples and families, we welcome you all to join us for our 10th annual Big Heart Dance Camp! Boogies, jams and workshops: Nia, contact improv, sacred circle, healing arts, different paths of yoga, Dance Our Way Home, Journey Dance, drumming, meditation and more. No prior training or fitness level required, just an open heart wanting to explore and celebrate through movement, music, nature, community and yummy food! Unlimited workshops. Come for the full camp, the weekend or drop in for a day. Facebook has loads of great Big Heart photos! To register contact Ayrlie at bigheartdancecamp@gmail.com.

For registration or enquiries: (519) 925-6432 or booking@unicampofontario.ca

To register online visit www.unicampofontario.ca/register
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June 29–July 2: Canada Day Long Weekend
Come for a fun weekend of co-created programming, or kick back, relax, and enjoy the weekend renewing friendships or making new ones in true Unicamp fashion. Program fee: Free.

July 2–7: Staff Training Week  (Camp is open during staff training week)
Saturday July 7: Seasonal Campers, Staff and Board Potluck Lunch Social
July 8–Aug 3: Children’s Camp and CIT Programs  See pages 8–11 for details.

Aug 3–6: Camp for Grown Ups
You asked, we heard! Come for the weekend and get ready for exploring, creating, community and fun! We have full day programming for children and teens running this weekend with our fabulous program staff. We are adding a fully staffed program for grown ups with activities for everyone! Hiking, music, arts and crafts, group games, workshops and more with your own group of program staff and facilitators, including Artist-in-Residence Lauren Renzetti. Accommodation and meals booked separately. For more information contact: Mel Horvath-Lucid exec.director@unicampofontario.ca. Program fee: $100.00.

Aug 3–6: Youth Con  See page 11 for details.

Aug 6–10: Junior Youth (“Jouth”) Week See page 11 for details.

Aug 7–12: Camp DiversAbility
Camp DiversAbility is a community volunteer-based leadership program for 9 heart-based adults with alternate abilities, formerly known as special needs. The individuals in our program are all very independent but may have gaps in their learning. There is no special training required to volunteer other than being able to dedicate a week to care, mentor and look for ways to help our campers shine their lights and talents. We are looking for fun, vivacious, outgoing, intuitive and creative individuals. This opportunity will be packed with magic and has the potential to teach you to look at life in a whole new way. If you cannot dedicate a week, and you feel inclined to contribute in other ways or lead a segment that you think we may be interested in, please let us know. And if you see us during your stay at camp, say hi and connect with us, we guarantee you will not regret it. For more info: www.campdiversability.com, or contact Yvonne Bloom at ybsupport@rogers.com.

Aug 10–12: Sacred Circle Dance with Barbara Herring
This is a program of exploration of the world around us and within through simple movement to a variety of world music. Dances are relaxing and playful, uniting us in mind, body and spirit. No experience or partners needed! Bring drums, stories or dances to share, scarves and sacred objects to adorn our dance area. Facilitator Barbara Herring has led Sacred Circle Dance since 1996. She has led dance events in Ontario, BC and the USA. Barbara brings a sense of calm, joy and reverence to the dance. Book early, enrollment is limited to 35. Info: Barbara at 705-748-6886 or barbfish1@sympatico.ca. Program fee: $60.

Aug 12–17: Family Camp Week 1: Kitchener-Waterloo/Cambridge
All are welcome, with a special invitation to Kitchener-Waterloo and Cambridge. Dog Friendly. See page 12 for details.

Aug 17–19: Dog Friendly Weekend  See pg 5 for details.

Aug 17–19: Storytelling for Worship with Diane Bosman and Lynn Torrie
Enjoy the beauty and fellowship of Unicamp, while discovering your inner storyteller in this fun and practical workshop. You will learn how to choose and tell a traditional folktale, first to a partner and later to a small and friendly audience. You will explore some of the unique considerations for telling stories for worship or religious education. This workshop is open to those with no experience at all, as well as those who have taken their first steps into storytelling and wish to learn new stories and further develop their skills. Diane Bosman is an accomplished storyteller who has been telling stories and leading workshops for 25 years. At present at the United Church’s General Council Office, she also coaches a worship storytelling team at First Unitarian Congregation of Toronto. Lynn Torrie is a professional storyteller and is experienced in leading workshops for adults. She has performed in the Toronto Storytelling Festival in 2015 and 2016 and regularly hosts Storytent at Wychwood Barns. With Diane, she coaches the storytelling team at First Unitarian Toronto and has offered workshops to beginning storytellers at First Unitarian and Mississauga congregations. Maximum enrollment of 12. For more info: torriestories@gmail.com Program fee: $75.

To register online visit www.unicampofontario.ca/register
SUMMER – continued

Aug 17–19: Singing, Singing, Singing with Musician-in-Residence Susanne Maziarz

Susanne hopes to bring people’s hearts and souls together in song to create community-building, soulful expression, connecting our voices with others, giving wings to the spirit as an alternative to traditional meditation and facilitating joy and well-being. Suzanne is the Music Director of Neighbourhood Unitarian Universalist Congregation in Toronto. For more info: smaziarz@hotmail.com. Program fee: Free.

Aug 17–19: Bruce Trail Hiking with Frank Kuznik and Tessa Shelvey

Frank Kuznik and Tessa Shelvey will lead two days of hiking on the Bruce Trail’s beautiful Dufferin Highlands section. Saturday’s hike will be 12–15 km long, at a moderate pace with a drop-out point, followed by a shorter more leisurely hike on Sunday finishing in time for Unicamp’s Sunday service. Start time will be 9am both days. Info: frankkuznik@hotmail.com or tjshelvey@yahoo.com Program fee: $25.

Aug 19–24: Family Camp Week 2: Hamilton/Guelph/Peterborough

All welcome, with a special invitation to Hamilton/Guelph/Peterborough congregations. See page 12 for details.

Aug 24–26: Michael Moon Presents the Magic of Music

Come explore the magic of sound and its amazing healing properties. The most primal and intimate instrument is the human voice, closest to our body and spirit. Come learn how to use it as a simple, yet profound healing tool. You don’t have to be a musician or singer to experience the magic. We will explore the basic principles of sound healing, drumming, chanting, group improvisation and more. If you play a musical instrument, bring it along. Michael shares his 25 years of study and practice of sound healing and music production. Past participants have said: “The best workshop of its kind”, “So much fun and so relaxing”, “An amazing experience!” Includes a special concert with Michael on Saturday night. Info: mm@thetempleofsound.com Program fee: $90.

Aug 24–26: The Power of Self Compassion with Aukje Byker

What if you were more compassionate with yourself? How would that change who you are with yourself, in your relationships and in the world? In this experiential workshop you will have an opportunity to explore how to change judgmental and critical thoughts of yourself by developing an understanding of why you choose the behaviours you do.

This opens the door to self-compassion. Although this workshop is based on teachings from Nonviolent or Compassionate Communication (NVC), it is appropriate for both those who have taken past workshops in NVC as well as those who have not.

Program facilitator Aukje Byker is a Certified NVC trainer and has learned that when she can be compassionate with herself, she has greater compassion for others as well. For more information email: aukje@cogeco.ca. Program fee: Pay what you feel comfortable paying—between $25 and $250.

Aug 26–31: Family Camp Week 3: Greater Toronto Area

All are welcome, with a special invitation to those in the Greater Toronto Area. Dog Friendly. See page 12 for details.

Aug 26–31: Wellness Week

In addition to the following workshops and retreats, there will be offerings of yoga and other wellness practices by people in our Unicamp community. Registered Massage Therapist Ayelet Grosbein will be available to offer massages, aheartmassage@gmail.com.

Aug 27–31 (10am–noon): Injury Rehab and Prevention with Erin Godfrey

Erin Godfrey is a graduate of Anatomy and Kinesiology (George Brown College) and a certified personal trainer and Pilates instructor. She specializes in injury recovery and movement training for health and function, working with a wide range of students including those with serious injuries, chronic conditions, seniors and elite athletes. Lectures and simple, yet effective, physical exercises will teach you how to work with your body instead of against it. The new perspectives Erin offers can affect not just your physique but your sense of life in general. Accessible to all. Program fee: 10 hour course $140 ($110 with payment by July 1).

Aug 27–31 (3:00–4:30 pm): Functional Movement with Kathleen Rea

Former dancer with the NBOC, Ballet Jorgen Canada and Tiroler Landes Tanztheatre, Kathleen Rea teaches at George Brown Dance and Niagara College. She founded the Wed Dance Jam and is author of The Healing Dance. She is a Registered Psychotherapist, a certified instructor of the MELT Method (Hands & Feet) and an Axis Syllabus teacher candidate. Kathleen studied with Erin Godfrey for the past two years. This workshop will build on Erin’s workshop (see above) by taking functional movement concepts into dynamic motion. Safe and energy conservative ways of moving and accessible information on body alignment and joint function using physics and anatomy.

For registration or enquiries: (519) 925-6432 or booking@unicampofontario.ca

To register online visit www.unicampofontario.ca/register
will be provided. Spiral and wave-like movements will minimize tension and build resiliency. Exercises can prompt discoveries that people can transfer into daily life. Students need to take Erin’s workshop (see above) to gain full benefit from this workshop. Accessible to all. Program fee: 7.5 hour course $110 ($90 with payment by July 1).

Aug 27–31 (4:45–6:00): Contact Dance Improvisation with Kathleen Rea

Contact Improvisation (CI) is a social dance in which momentum between people is used to create and inspire dance movements. Kathleen has been doing CI for the past 17 years. She teaches CI at George Brown Dance and Niagara College and she founded the Wed Dance Jam. See her full bio above. Kathleen teaches CI with a functional movement perspective. Students need to take Erin’s workshop (see above) to gain full benefit from this workshop. Some experience with CI is required. Program fee: 6.5 hour course $100 ($80 with payment by July 1).

Aug 26–31: Art Retreat—Connecting with Nature, with Lauren Renzetti

Using Unicamp as our inspiration with its picturesque vistas, mossy craggy caves, dappled ponds, rolling hills, fantastic forests and expansive skies. Create a series of small works in your media of choice with on-location drawing and painting. Three or four sessions per day doing either drawing, watercolour, or acrylic painting on site. These studies can be small and detailed and can be a spring board for larger works back in your studio or be finished works in their own right. Be introduced to a variety of drawing techniques, strategies to create interesting composition, colour theory to create depth and have a constructive end of week critique. We will explore the perfect location and capture the light of sunrise, early morning, afternoon and sunset. Discussion of Art movements and artists will also help round out this week-long immersion into the Canadian Landscape. For adults and teens (ages 16 and up). Bring your own paint materials and a sketchbook. For more info and a complete materials list: mckinleyrenzetti@gmail.com or www.laurinemckinleyrenzetti.ca. Hours: Sunday 4 pm to Friday 4 pm. Program fee: $150 per participant.

Aug 27–31: 9th Annual Writer’s Retreat with Valerie Nielsen

The 9th Annual Writers’ Retreat takes place from 8:00 pm Monday August 27th until noon on Friday August 31st. Facilitated by Valerie Nielsen, leader of the Writers’ Circle at The First Unitarian Church of Hamilton and published writer. The theme will be Finding Our Gifts and Polishing our Skills. Participants will be guided and supported in their self expression through writing. We use various tools to free up the creative spirit, such as mediation, music, movement and poetry. Bring writing materials, any work in progress, a sense of adventure and an open mind. There will be group sessions as well as plenty of free time in beautiful Unicamp. For further information contact Valerie Nielsen at valerienielsen01@gmail.com or phone 905-643-5425. Hope to see you there! Program fee: $150. Scholarships are available.

Aug 31–Sept 3: Labour Day Weekend

Programming activities will be co-created by the community.

Aug 31–Sept 3: Poet-in-Residence Helen Iacovino

The weekend will include poetry readings (including the Friday drum circle), workshops and a labyrinth walk. One-on-one consultations also available; please contact Helen in advance. Poet-in-residence Helen Iacovino is a lifelong UU who has found the serenity and magic of Unicamp to be an inspiration for poetry. She gives poetry readings and has published in a number of venues including several CUC chapbooks. Visit Helen’s poetry blog at www.heleniacovino@wordpress.com. For more info: hiacovino9@gmail.com or 416-499-7049. Program fee: Free.

Saturday Sept 1: Unicamp Open House

Come tour the camp, bring a picnic lunch, have refreshments and see what Unicamp is all about. Relax, play, swim, hike. Enjoy campfires, the caves and more. Day passes are free.

Saturday Sept 1: Unicamp Annual General Meeting, Forum and Seasonal Campers’ Meeting

Join us Saturday at 10 am for our Open Forum and Visioning session and the Annual General Meeting at 1:30 pm. The seasonal campers’ meeting will be in the afternoon, location weather-dependent.

Sunday, Sept 2: 50th Anniversary Meeting
REGULAR AUGUST WEEKEND EVENTS

FRIDAYS
Camp Circle: Meet other campers on the common 1 hour before dinner.
Drum Circle: 9–11 pm  Enjoy the community of our drum circle! Bring your rhythm and join us around the fire!

SATURDAYS
Camp Circle: Meet other campers at the lower fire pit 1 hour before dinner.
Games in the Common: 1 hour before dinner.
Unicamp Dance: 8:30 pm. Great music and fun in the Dining Hall.

SUNDAYS
Sunday Service: 11 am. Held outside if the weather’s nice, inside if it is raining.

20% discount on accommodations during Fall
(September 7–closing, except Thanksgiving weekend)

Sept 4–7: Housing Links
Camp is closed for this private rental.

Sept 7–9: The Big Branch
The Big Branch is a gathering of folk musicians and dancers, a festival bringing European sounds to the trees along the Bruce Trail. Three days of concerts/bals, both music and dance workshops, good food, jamming and camping. Organized by Balfolk Toronto. www.thebigbranchfestival.com.

Sept 14–16: Young Adult Weekend
Join UU young adults (18–35) for a weekend of community, conversation and carousing amidst the splendors of the changing leaves. Come for a hike on the trails, pick apples and make cider, gather a crew for a workshop, or grow friendships over crafts and games. Whatever the weekend is, it’s up to you as participants to bring your own gifts forward. With cars coming from everywhere between Montreal and Windsor, we can probably help with a ride too.
For more info: young-adults@cuc.ca Program fee: Free.

For registration or enquiries: (519) 925-6432 or booking@unicampofontario.ca
To register online visit www.unicampofontario.ca/register
Oct 12–14: Welcoming Winter Work Weekend/Camp Closing
Come and join us for a final weekend at Unicamp and help get her ready for a long, quiet winter. Accommodation, Saturday meals, and Sunday breakfast & lunch are provided in exchange for 9 hours of your work (6 hrs on Saturday and 3 hrs on Sunday morning.) See page 13 for more details. For more info, contact Terry O'Sullivan: tosull2@yahoo.ca

STAFF AND VOLUNTEER OPPORTUNITIES

Staff Openings
Are you a fun-loving, open-minded and hardworking individual? Consider applying for a job as a staff member with Unicamp. We are looking for program staff (counselors), operations crew, kitchen crew and a family camp guest services representative. Please visit our website for full details and to apply! If you have any questions, please contact: exec.director@unicampofontario.ca

Volunteer Opportunities
Volunteerism and community engagement are vital to the care and successful operation of Unicamp and the development of a cohesive community. We value the opportunity to talk with folks about our needs and their passion, talent and skills and the space where these can be woven together. Some volunteer opportunities include: Work weekends, camp caregiver (during kids camp and Jouth), operations and maintenance help, administrative support, fundraising support, board work, cleaning/janitorial, organizers, landscapers and more. Please email: exec.director@unicampofontario.ca

Sept 21–23: Braving the Wilderness women’s retreat
This woman’s retreat weekend is designed with self discovery, creative exploration, healing and community building in mind. Join facilitators Mel Horvath-Lucid, Rev Victoria Ingram, Lauren Renzetti, Celia Naumann and other guest facilitators for a weekend exploring the work of Brené Brown’s book "Braving the wilderness", through workshops, art, music, meditation and movement opportunities nestled in the magic and surroundings of Unicamp. In addition to fabulous meals cooked by our very own cook Alta Wilbur, we will also have a juicing and afternoon tea, to enrich the healing and community aspects of the weekend. For full information contact: Mel Horvath-Lucid exec.director@unicampofontario.ca

Oct 5–8: Thanksgiving Weekend
A long-standing tradition at Unicamp. Come and join us for a mixture of community work Saturday, as we ready for the winter, help prepare our Sunday Thanksgiving feast, apple pick, hike, chop wood, begin readying camp for the winter, join in for campfires, sing-alongs, games in the dining hall and even a late fall swim! The leaves this time of year are beautiful! Sunday worship service led by Mel Horvath-Lucid and friends at 10am, with brunch at 11am and dinner at 5pm. Our Cooks are the only paid staff this weekend, please book and pay online prior to arrival and come ready to help with accommodation clean up, meal clean up and other tasks during the weekend. Fees include accommodation and meals from Saturday Breakfast to Monday lunch, with Friday night being a potluck, and we will provide soup and bread! Dorm or Tent: $85 pp, Cottages: $100 pp and youth 5 –15 $50 for the weekend. Other activities happening throughout the weekend are yoga, Saturday night dance, group hike (1–2 hours), a fall craft hour and gratitude sharing circle.

October 7, Thanksgiving Feast only: If you are unable to join us for the whole weekend, consider joining us for Thanksgiving dinner on thanksgiving Sunday at 5:00pm. Fee includes day pass to camp: Adults $30, youth 5 – 15 years $18. Please book online and pay prior to arrival, as our Cooks are the only paid staff working this weekend.

For registration or enquiries: (519) 925-6432 or booking@unicampofontario.ca
To register online visit www.unicampofontario.ca/register
Photo by Erika Obenauer
**2018 Calendar**

- May 4–6: Camp Opens
- May 11–13: Spring Welcoming Community Building Work Weekend
- May 14: Maintenance-In-Training program begins
- May 18–21: May Long Weekend
- May 25–27: Friday-Saturday Seasonal Repairs Days
- June 1–3: Open House Saturday and Dog Lovers Weekend
- June 8–10: Bruce Trail Hiking with Frank Kuznik
- June 12–17: Wild Ginger
- June 19–24: Big Heart Dance Camp
- June 29–July 2: Canada Day Long Weekend
- July 2–7: Staff Training Week
- July 7: Seasonal Campers, Staff and Board Potluck Lunch Social
- July 8–Aug 3: Children’s Camp and CIT Programs
- Aug 3–6: Camp for Grown Ups
- Aug 3–6: Youth Con
- Aug 6–10: Junior Youth (“Jouth”) Week
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- Sept 1: Unicamp AGM, Forum and Seasonals Meeting
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To register online visit www.unicampofontario.ca/register
Map of Unicamp

Note: New Forest hiking trails may differ slightly from the trails shown on this map.